



PLEASE SEND COPIES TO ALL PARTICIPANTS

Participants' Requirements

- The first day we will be using stadium jumps to study Cross - Country technique.
- The second day we will be out on the Cross - Country course --- consolidating ...
- There will be no dressage work on either day.
- Please be warmed up by lesson time, but no jumping.
- You need to come equipped, both yourself and your horse, as for Cross - Country on both days. Please bring following equipment:

- Skull cap (with harness that fits);
- Body Protector;
- Non leather gloves (if worn), Leather can slip;
- Spurs - please bring with you to the lesson --- don't wear them unless you usually do;
- Jumping whip (obligatory).

Horses

We don't want to waste time searching for tack, etc., or if we need to experiment.....

- If you do not usually wear a running martingale, it is worth knotting one under the neck (or bring a breastplate attachment in your pocket) - do not forget stops on the reins.
- **Do not attach the martingale to the reins if you do not usually wear one.**
- Please bring to the actual lesson any other bit that you ... or someone else ... might need to try out.

I know this sounds very bossy --- my apologies --- but I really look forward to working with you ...

Lucinda